

Tips for getting ready for school

1. Parents should always **appreciate** their children for the things they do. Encourage your children to always do their **best**.
2. Parents should **acknowledge** their children's **efforts at school. Praise them for their good works.**
3. It is important for every child to be involved with activities, clubs, and school-sponsored organizations.
4. Parent and student should visit the school and classroom(s) before the first day. Together you can determine the safest walking route and/or where the bus stop is located.
5. Know what time school starts and **be on time.**
6. The school needs **up-to-date** emergency information and written instructions for student health concerns.
7. *All students should read every day.* Younger students can read with their parents. Older students should read for pleasure (books, magazines, etc.) and school assignments.
8. During family meals or riding in the car is a good time to *review math facts.*
9. Parents should decide on a family schedule that includes limited TV time and sufficient **homework time.**
10. The homework place should have good lighting and the tools needed for achievement (dictionary, paper, pens, computer, etc.)
11. Check your student's bike **helmet and bicycle for safety.**
12. Parents can contact their child's teacher regularly-phone messages, e-mail, etc.
13. **Parents should always attend Back-to-School and Parent/Teacher Conferences.**
14. **Your student's regular school attendance is the first step to a successful school year.**
15. Everyone in the family should enjoy a healthy diet. **Eat a good breakfast** to be physically and mentally ready for a full day at school or work.
16. **Relax and enjoy the process. It is Nebo School District's goal to provide each student with quality instruction, many learning opportunities, and classrooms which will inspire your child to be successful, enjoy personal excellence, and be a responsible citizen.**

Lana H. Hiskey – Community Relations Specialist
Nebo School District
350 South Main Street
Spanish Fork, UT 84660
lane.hiskey@nebo.edu
801-354-7400